



For Parents



Summertime!

Tips for Practicing Speech at Home with Your Child with CAS

Tip 1

Short & Consistent Wins

Your child does **not** need hours of practice.

Consistency > Intensity

Even 5–10 minutes every day makes a real difference!

Tip 2

Focus on a Few Target Words Only

Choose words that are:

- Functional
- Motivating
- Used every day

Tip 3

Keep It High Repetition

Instead of one time...

Aim for 5–10 successful tries

Repetition builds the motor memory for speech!

Tip 4

Use "I Do → We Do → You Do"

- 1 I say it → model clearly
- 2 We say it together → **same time**
- 3 Your child tries → **on their own!**

Tip 5

Make It Positive, Not Pressured

If your child is frustrated →

Scale it back

We want success, not shutdown.

Tip 6

Timing Matters

Practice **before** preferred activities, not when ending them:

- Before screen time
- Before play
- Before a snack

Sets your child up for success!