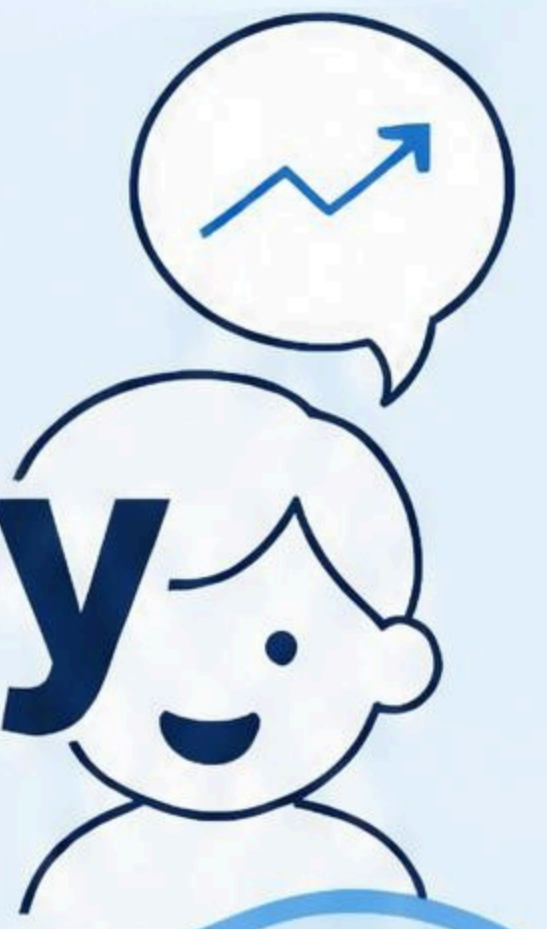




How to Build Prosody Into CAS Therapy

Understanding rate, pitch, stress, and intonation in children with CAS



TIP 01

Start with Accuracy First

Before adding prosody, help your child produce target words and phrases accurately.

- ✓ Build consistency
- ✓ Practice target words successfully
- ✓ Establish a natural speech pattern

Once accuracy is strong, begin adding prosodic features.



TIP 02

Shape Speaking Rate

Children with CAS often benefit from a slower speaking rate during learning.

Try:

- Slowing speech slightly
- Allowing extra planning time
- Gradually increasing toward a natural rate

The goal is smooth, understandable speech.



TIP 03

Teach Stress Through Contrast

Help your child hear and feel differences in emphasis.

Examples:

"I WANT it."

"I want IT."

Use visual, gestural, or tactile cues to reinforce the stressed word.



TIP 04

Use Rhythm Supports

Prosody can be supported through rhythm and movement.

Ideas include:

- Clapping syllables
- Tapping the table
- Rhythmic cues
- Simple pacing activities

Fade supports gradually as skills improve.



TIP 05

Practice Intonation Patterns

Explicitly teach how the voice changes across phrases.

Practice:

- Questions vs. statements
- Excited vs. neutral tone
- Different emotions and communicative intents

Model and practice these patterns intentionally.



TIP 06

Give Feedback About Prosody

Feedback should focus on more than correct sounds.

Examples:

- ✓ "That sounded smooth!"
- ✓ "I heard your voice go up at the end."
- ✓ "Nice question tone!"
- ✓ "That sounded natural and clear."

Recognizing prosody helps children build more natural-sounding speech.



KEY TAKEAWAYS

PROSODY INCLUDES:



Rate



Pitch



Stress



Intonation

WHY IT MATTERS:

- ✓ Improves intelligibility
- ✓ Supports natural-sounding speech
- ✓ Enhances communication effectiveness
- ✓ Helps children carry skills into everyday conversations

