

WHAT IS A

MODIFIED

BLOCK PRACTICE

SCHEDULE?



WHAT IS IT?

Modified block practice is a method of structuring practice trials that balance the benefits of blocked (repeating the same target many times in a row) and random practice to promote better motor learning and generalization.



HOW MANY TRIALS?

The amount of trials in a given block varies depending on CAS severity, difficulty with particular target, and how long the child has been in therapy. This could be anywhere from about 10–40 trials for a block.



HOW IS IT ORGANIZED?

In modified block organization, each target word is practiced in varying lengths of blocks, with selected blocks being repeated 1, 2 or 3 times during a session.

EXAMPLE OF A MODIFIED BLOCK SCHEDULE

Target Word	block 1	block 2	block 3	block 4	block 5	block 6	block 7	block 8
Hi	25 trials			25 trials			25 trials	
Up		25 trials						
No			15 trials					15 trials
Bye					15 trials			
Mom						40 trials		